



# Fremont Jt. School District #215

## 6-8 School Breakfast and Lunch Menu

### September 2022



Monday		Tuesday		Wednesday		Thursday		Friday	
						1	Mini Bagel Cream Cheese Pears	2	Cold Cereal WG Cinnamon Toast Fresh Fruit
						Spanish Rice or Pepperoni Calzone or Spicy Chicken Burger or Chef Salad  Sides: Green Beans, Applesauce, Cookie		Walking Taco or Cheese Pizza Ripper or Chicken Burger or Crispy Chicken Salad  Sides: Salsa, Peas, Fresh Fruit	
5	<b>Labor Day No School</b>	6	Egg/Sausage Patty English Muffin Fruit Cocktail	7	Cinnamon Donut Fruit Juice Peaches	8	Yogurt Parfait Animal Crackers Pears	9	Cold Cereal WG Cinnamon Toast Fresh Fruit
 <b>Labor Day</b>		BBQ Pork Sandwich or Pepperoni Pizza or Spicy Chicken Burger or Crispy Chicken Salad  Sides: French Fries, Peaches		Corn Dog or Pepperoni Ripper or Chicken Burger or Taco Potato Bar  Sides: Cooked Carrots, Mandarin Oranges		Waffles or Pepperoni Calzone or Spicy Chicken Burger or Chef Salad  Sides: Sausage Patty, Potato Tots, Strawberries		Ham Fried Rice or Cheese Pizza Ripper or Chicken Burger or Crispy Chicken Salad  Sides: Celery Sticks, Fresh Fruit	
12	Belgian Waffle Fruit Juice Applesauce Cup	13	Egg/Sausage Patty English Muffin Fruit Cocktail	14	Maple Bites Fruit Juice Peaches	15	Mini Bagel Cream Cheese Pears	16	Cold Cereal WG Cinnamon Toast Fresh Fruit
Mandarin Chicken/Rice Bowl or Cheese Pizza Ripper or Chicken Burger or Chef Salad  Sides: Cooked Broccoli, Pears		Turkey Gravy/Mashed Potatoes or Pepperoni Pizza or Spicy Chicken Burger or Crispy Chicken Salad  Sides: Roll, Peas & Carrots, Peaches		Bacon Cheeseburger or Pepperoni Ripper or Chicken Burger or Taco Potato Bar  Sides: Sun Chips, Green Beans, Smoothie		Chili or Pepperoni Calzone or Spicy Chicken Burger or Chef Salad  Sides: Corn, Fruit Cocktail, Cinnamon Roll		Crispito or Cheese Pizza Ripper or Chicken Burger or Crispy Chicken Salad  Sides: Salsa, Celery Sticks, Jell-O, Fresh Fruit	
19	<b>Potato Harvest No School</b>	20	<b>Potato Harvest No School</b>	21	<b>Potato Harvest No School</b>	22	<b>Potato Harvest No School</b>	23	<b>Potato Harvest No School</b>
<b>Potato Harvest No School</b>		<b>Potato Harvest No School</b>		<b>Potato Harvest No School</b>		<b>Potato Harvest No School</b>		<b>Potato Harvest No School</b>	
26	<b>Potato Harvest No School</b>	27	<b>Potato Harvest No School</b>	28	<b>Potato Harvest No School</b>	29	<b>Potato Harvest No School</b>	30	<b>Potato Harvest No School</b>
<b>Potato Harvest No School</b>		<b>Potato Harvest No School</b>		<b>Potato Harvest No School</b>		<b>Potato Harvest No School</b>		<b>Potato Harvest No School</b>	

**Milk served with all meals**

**Menu is subject to change without notice**

Student Prices:

Breakfast: \$1.40

Lunch: \$2.25

All Milk \$.40

Adult Prices:

Breakfast: \$2.70

Lunch: \$4.35

**"This institution is an equal opportunity provider"**

Don't forget to reapply for Free or Reduced priced meals. You can apply on-line [www.sd215.net](http://www.sd215.net) under Child Nutrition tab. **No application** is necessary if your family is receiving Food Stamps. Questions? Please call 624-7542